

**Weightlifting Western Australia**  
**Guidelines for Hosting AWF Sanctioned State Events**

The purposes of WWA events are

- 1) To provide competitive opportunities for its members under IWF Rules and regulations
- 2) To ensure a safe, fair, enjoyable, and equitable competition environment for all competitors and members.

To make the event as AWF Sanctioned, the event has to be held as per WWA by-Laws.

To host the AWF Sanctioned State Events, the hosting club is responsible for the item listed below. The hosting club may choose to borrow some of these items from WWA. In this case, it is the hosting club's responsibility to 1) pick up from the previous event venue, and 2) to keep it until the hosting club of next event picks it up, or make other arrangements in consultation with the WWA Secretary.

- Scale
- Competition bars (1 each of men's and women's). All of those need to be IWF Category 1 brand, such as Uesaka, Eleiko, DHS, ZKC, or Werksan
- Competition disks (at least 2 pairs of 25 kg and 1 pair each of 0.5, 1, 2, 2.5, 5, 10, 15, and 20 kg). All of those need to be IWF Category 1 brand, such as Uesaka, Eleiko, DHS, ZKC, or Werksan
- Competition platform, preferably 4 x 4 m, and WWA banner needs to be presented.
- Warm-up bars (at least 1 each of men's and women's per 5 athletes. It is preferred all of those to be IWF Category 1 brand, such as Uesaka, Eleiko, DHS, ZKC, or Workson. However, exception might be made upon discretion of WWA)
- Warm-up disks (at least a pair each of 0.5, 1, 2, 2.5, 5, 10, 15, 20, and 25 kg disks per 5 athletes. All of those need to be designed for weightlifting, but not necessarily IWF Category 1. For example, Ironedge, Australian Barbell Company, G2 are acceptable)
- Warm-up platforms, at least 2.4 x 2.4 m size
- Chair (at least 50 unless agreed otherwise with WWA)
- Toilet (at least 2 unless agreed otherwise with WWA)
- Desk for MC and competition secretary
- Speaker audio set
- Electric referee lighting system is preferred, but hand flags are acceptable.
- Clock
- Score board for audience
- Score board for warm-up room
- Weigh-in room
- Change rooms for men and women
- Competition chalk

- Warm-up chalk
- First aid kit (including access to ice)
- Direction to emergency room
- Place for doping control if required (a room, toilet, table, and 2 chairs).
- At least one member of the hosting club has completed first-aid training, and she/he must be available for first aid during the event.

WWA is responsible to organise

- Competition results recording forms (for officials and audience) for state events, but not club events.
- Medal and trophy if applicable

WWA provide hosting fee of \$200.00/day. All expenses are responsibility of the hosting club.

WWA allows hosting club to conduct fundraising, if it is done so with respect to culture of our sport.

It is including, but not limited to;

- Selling food and soft drinks, but not alcoholic beverages
- Selling merchandize (e.g. t-shirts)
- Selling ruffle tickets
- Displaying banner for advertisement (e.g. sponsors and patrons of the hosting club) on competition area, warm up area, and spectator's area.

WWA reserves the right to veto any advertising or activity deemed inappropriate for the Association.

The below is proposed time line for AWF Sanctioned State Events.

Duties	Responsible	Accountable
6 week prior to the event: The venue to be confirmed	Event Control Sub- Committee	Secretary

4 weeks prior to the event: Flyer on Web Page/Facebook	Hosting Club to submit the flyer to WWA Secretary	Secretary
16 days prior to the event: Entries Close	Club Representatives to submit entry form to Competition Director	Secretary
6 days prior to the event, 1) Session time table 2) List of athletes 3) Technical duties roster to be released	Competition Director	Secretary
Within 7 days form the event, the results posted on AWF website	WWA Record Keeper	Secretary

The below is proposed time line for AWF Sanctioned Club Events.

Duties	Responsible	Accountable
6 week prior to the event: The venue to be confirmed	The hosting club	The hosting club
4 weeks prior to the event: Flyer on Web Page/Facebook	Hosting Club to submit the flyer to WWA Secretary	The hosting club
16 days prior to the event: Entries Close	The hosting club to collect entry form athletes and/or clubs	The hosting club
7 days prior to the event, 1) Session time table 2) List of athletes 3) Technical duties roster to be submitted to WWA	The hosting club	Secretary
3 days prior to the event, WWA confirms 1) Session time table 2) List of athletes 3) Technical duties roster	Secretary	Secretary
Within 7 days form the event, the results forwarded to WWA record keeper	The hosting club	Secretary
Within 14 days form the event, the results posted on AWF website	WWA Record Keeper	Secretary

**Before the commencement of the event, please read and sign the statement below.**

**Weightlifting Western Australia advises the hosting club that the Association does not provide cover for property damage during competitions.**

**I the undersigned hereby agree that the hosting club to host the event as per the guidelines explained above.**

Name of The Club Representative of Hosting Club \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Name of The Representative of WWA \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_