

2010 COMMONWEALTH GAMES PREVIEW RANKINGS

Based on all results known since 01-January-2009
to 01-September-2010



ONE LIFTER PER NATION

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MEN

56kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Amirul Amizan Ibrahim	1981	MAS	55.93	118	147	265	10-Dec-09	Vientiane, LAO
Sukhen Dey ++	1989	IND	55.79	111	140	251	7-Aug-10	New Delhi, IND
Maueili Tulo	1990	*FIJ	55.80	106	134	240	4-May-10	Suva, FIJ
Muhammad Shahzad		PAK		103	129	232	30-Mar-10	Lahore, PAK
W.G. Kamala Bandara	1985	SRI		101	131	232	24-Jul-10	Colombo, SRI
Akramul Haque	1984	BAN	55.57	102	126	228	31-Jan-10	Dhaka, BAN
Marc Jonathan Coret	1989	MRI		100	123	223	10-Jul-10	Vacoas, MRI
Taju Giwa		NGR		95	125	220	16-Feb-09	Kaduna, NGR
Ismael Katamba	1987	UGA	55.72	90	127	217	5-Aug-09	Kampala, UGA
Lou Guinares ++	1990	NZL	56.00	92	122	214	17-Jul-10	Auckland, NZL
Elson Brechtefeld ++	1994	NRU	56.00	93	120	213	26-Jun-10	Mont Dore, NCL
Anrich Phillips	1992	RSA	55.85	90	115	205	29-May-10	Strand, RSA
Morea Baru	1990	PNG	53.90	95	105	200	28-Feb-10	Port Morseby, PNG
Tuau Lapua Lapua	1991	TUV	56.00	90	105	195	12-Dec-09	Boulari, NCL
Dylan Scott	1993	SCO	54.70	84	102	186	20-May-09	Chiang Mai, THA
Mathew Tolo	1981	SOL	55.66	80	100	180	26-Jun-09	Honiara, SOL
Christos Michaelas	1993	ENG	56.00	80	96	176	13-Mar-10	Oldbury, England, GBR
Damien Hewish	1964	AUS	55.60	75	95	170	5-Sep-09	Melbourne, AUS
David Petit	1972	CAN	55.80	76	91	167	14-Nov-09	Toronto, CAN
Artmark Aplewhaite	1994	BAR	55.72	70	95	165	22-Oct-09	Caguas, PUR
Tataua Tierere	1991	KIR	56.00	75	90	165	28-Feb-10	Tarawa, KIR
Michael Elborn Taufua	1993	TGA	56.00	70	90	160	29-Sep-09	Rarotonga, COK
Derrick Hyman Jr		GUY		77	77	154	30-Aug-09	Georgetown, GUY
Julius Mogire	1993	KEN	55.35	70	80	150	21-Mar-10	Cairo, EGY
Joe Owen	1993	WAL	49.40	60	81	141	28-Feb-09	Holyhead, Wales, GBR
Rick Confiance	1994	SEY		55	65	120	21-Nov-09	Victoria, SEY
Lewis Knox		NIR	47.80	35	45	80	21-Feb-09	Dublin, IRL
David Matam Matam	1982	CMR	55.36	92	---	---	5-Aug-09	Kampala, UGA
Bakar M. Ramadhan	1993	ZAN	53.35	50	---	---	5-Aug-09	Kampala, UGA
62kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Dimitrios Minasides	1989	CYP	61.77	133	155	288	26-Jun-09	Pescara, ITA
Aricco Jumithi	1990	MAS	61.15	119	153	272	14-Jun-10	Melaka, MAS
N. Sunil Kumar	1989	IND	61.32	123	147	270	22-Feb-10	Udaipur, IND
Daniel Koum Koum ++	1985	AUS	62.00	117	147	264	19-Dec-09	Melbourne, AUS
Jasvir Singh ++	1977	CAN	61.78	112	150	262	20-Nov-09	Goyang, KOR
Muhammad Istiaq Ghafoor	1976	PAK	61.47	118	140	258	31-Jan-10	Dhaka, BAN
Mubarak Musoke Knumbi	1989	UGA	61.90	107	145	252	11-Jul-09	Lilleshall, England, GBR
Simon Ngamba	1982	CMR	61.85	115	135	250	20-Nov-09	Goyang, KOR
Gareth Evans ++	1986	WAL	61.25	111	135	246	6-Apr-10	Kiev, BLR
D.M.I.C. Dissanayake	1989	SRI		110	136	246	24-Jul-10	Colombo, SRI
Cameron Sinclair ++	1987	NZL	61.30	106	137	243	17-Jul-10	Christchurch, NZL
John Eiche		NGR		112	130	242	17-Feb-09	Kaduna, NGR
Chris Freebury ++	1989	ENG	61.80	110	130	240	26-Jun-10	Kilmarnock, Scotland, GBR
Luwellyne Phillips	1989	RSA	61.22	107	129	236	25-Sep-09	Strand, RSA
Hassanor Zaman	1991	BAN	61.82	105	127	232	21-Oct-09	Penang, MAS
Jean Yanick Coret	1991	MRI		105	125	230	10-Jul-10	Vacoas, MRI
Manueli Tulo	1990	*FIJ	57.10	98	127	225	11-Nov-09	Boulari, NCL
Brown Ramoaka	1988	SOL	61.55	97	128	225	26-Jun-09	Honiara, SOL
Laupa Laupa	1988	TUV	61.10	100	123	223	26-Jun-10	Mont Dore, NCL
Bwamatang Tiaon	1992	KIR	61.80	102	120	222	26-Jun-09	Tarawa, KIR
Michael Taufua	1993	TGA	61.65	95	122	217	10-Jul-10	Ipswich, AUS
Morea Baru	1990	PNG	57.70	95	120	215	30-Jun-10	Port Morseby, PNG
Mark Middleton	1980	SCO	62.00	92	121	213	21-Mar-10	Glasgow, Scotland, GBR
Ian Rose		SEY		95	115	210	24-Apr-10	Victoria, SEY
Elson Brechtefeld ++	1994	NRU	59.60	87	115	202	27-Feb-09	NRU
Bob Pesaleli	1993	SAM	61.50	85	115	200	28-Feb-10	Apia, SAM
James Ochieng	1984	KEN	60.84	80	110	190	5-Aug-09	Kampala, UGA
Artmark Applewhaite	1994	BAR	58.46	80	100	180	23-Apr-10	Chiclayo, PER
Bhojnarine Persaud	1986	GUY		75	102	177	30-Aug-09	Georgetown, GUY
Charles Chauyauya	1993	MAW	59.51	66	94	160	5-Aug-09	Kampala, UGA
Joel-Wei Law	1993	SIN	60.62	65	83	148	22-May-10	SIN
Stuart Thomson	1988	NIR	61.30	51	70	121	14-Nov-09	Belfast, Northern Ireland, GBR

69kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Katulu Ravi Kumar ++	1988	IND	68.78	141	180	321	7-Aug-10	New Delhi, IND
Bernardin Kingue-Matam	1990	CMR	68.98	135	165	300	7-Mar-10	Langres, FRA
Mohd Faerul Talib	1986	MAS	68.96	138	161	299	11-Dec-09	Vientiane, LAO
Francis Luna-Grenier ++	1987	CAN	68.70	130	165	295	29-May-10	Guatemala City, GUA
Francois Etoundi ++	1984	AUS	68.80	131	164	295	14-May-09	Darwin, AUS
Mark Spooner ++	1984	NZL	68.80	130	164	294	14-May-09	Darwin, AUS
Chinthana Vidanange	1981	SRI	68.90	127	165	292	13-May-09	Taldykorgan, KAZ
Ademola Oginni		NGR		125	165	290	17-Feb-09	Kaduna, NGR
Dimitrios Minasides	1989	CYP	64.80	130	145	275	2-May-09	Cospicua, MLT
Mati-ur-Rehman	1984	PAK	68.77	123	152	275	31-Jan-10	Dhaka, BAN
Otsili Greg Shushu	1980	RSA	67.52	120	152	272	6-Aug-09	Kampala, UGA
Tekaei Temake	1986	KIR	68.40	117	153	270	26-Jun-09	Boulari, NCL
Stephen Kari	1993	PNG	68.70	115	150	265	10-Jul-10	Ipswich, AUS
Hamidul Islam	1975	BAN	68.92	115	147	262	21-Oct-09	Penang, MAS
Toafito Perive	1985	SAM	68.70	108	152	260	26-Jun-09	Apia, SAM
Bronko Deiranauw	1991	NRU	68.80	115	145	260	7-Feb-10	NRU
Halil Zorba	1988	ENG	68.90	110	150	260	17-Jul-10	Bristol, England, GBR
Garath Evans ++	1986	WAL	63.30	107	133	240	16-May-10	Holyhead, Wales, GBR
Jimmy Moonien	1981	MRI		110	130	240	19-Dec-10	Vacoas, MRI
Seth Fetrie	1991	GHA	68.37	100	137	237	22-Oct-09	Goyang, KOR
Neil Dougan	1985	NIR	68.45	104	125	229	6-Apr-10	Minsk, BLR
Billy Walter	1989	SOL	66.10	97	121	218	26-Jun-09	Honiara, SOL
Craig Carfrey	1992	SCO	65.70	94	123	217	24-Apr-10	Lilleshall, England, GBR
Tevita Tawai	1992	*FIJ	67.70	90	126	216	13-Jun-10	Levuka, FIJ
Michael Tafua	1993	TGA	63.80	90	120	210	26-Jun-10	Mont Dore, NCL
Ioane Haumili	1988	TUV	64.10	90	120	210	26-Jun-10	Mont Dore, NCL
Noah Sowobi	1985	UGA	67.89	90	120	210	6-Aug-09	Kampala, UGA
Clint Grech	1987	MLT	68.90	90	113	203	19-Dec-09	Cospicua, MLT
Marvis Williams		GUY		80	115	195	30-Aug-09	Georgetown, GUY
Tnoko Kakhogwe	1987	MAW	65.62	93	100	193	6-Aug-09	Kampala, UGA
Reshveen Rajendran	1992	SIN	67.35	75	105	180	16-Dec-09	Dubai, UAE
Christopher Ferley	1993	SEY		80	100	180	24-Apr-10	Victoria, SEY
Brien Best	1996	BAR	63.06	76	100	176	22-Oct-09	Caguas, PUR
Stephen Odure	1994	KEN	67.25	60	83	143	6-Aug-09	Kampala, UGA

77kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yukio Peter ++	1984	NRU	76.70	153	196	349	14-May-09	Darwin, AUS
Katulu Ravi Kumar ++	1988	IND	69.68	139	170	309	7-Sep-09	Pune, IND
Ben Turner ++	1984	AUS	76.00	133	173	306	26-Jun-10	Brisbane, AUS
Bernadin Kingue Matam	1990	CMR	73.50	135	170	305	29-May-10	Toulon, FRA
Mark Spooner ++	1984	NZL	74.00	132	170	302	13-Jun-09	Auckland, NZL
Zulkifli Che Ros	1985	MAS	76.30	133	169	302	13-May-09	Taldykorgan, KAZ
Muhammad Irfan Islam	1981	PAK	76.44	142	160	302	3-Mar-09	Lahore, PAK
Faavae Faauliuli ++	1983	SAM	76.97	132	170	302	28-Feb-10	Apia, SAM
Josefa Vueti	1979	*FIJ	74.30	128	167	295	27-Feb-09	Boulari, NCL
Francis Luna-Grenier ++	1987	CAN	74.96	128	162	290	16-May-09	Kelowna, CAN
Rabiu Ibrahim		NGR		130	157	287	18-Feb-09	Kaduna, NGR
Alexandros Amanatides	1987	CYP	76.40	128	157	285	8-Jul-10	Limassol, CYP
Charles Simeon ++	1982	SEY		117	167	284	24-Apr-10	Victoria, SEY
Jack Oliver ++	1992	ENG	76.20	128	152	280	26-Jun-10	Kilmanock, Scotland, GBR
Graeme Kane ++	1988	SCO	76.48	122	154	276	31-Oct-09	Kilwinning, Scotland, GBR
Stephen Kari	1993	PNG	71.20	120	152	272	26-Jun-10	Mont Dore, NCL
Lyle du Plooy	1988	RSA	71.22	118	143	261	6-Aug-09	Kampala, UGA
P.G.C. Gunapala		SRI		110	150	260	24-Jul-10	Colombo, SRI
Islam Hamidol	1975	BAN	71.20	117	140	257	1-Feb-10	Dhaka, BAN
Davis Gorosi	1988	SOL	76.70	112	145	257	26-Jun-09	Honiara, SOL
Brandon Inniss	1993	BAR	76.78	115	140	255	22-May-09	Chiang Mai, THA
Jimmy Moonien	1981	MRI		115	140	255	10-Jul-10	Vacoas, MRI
Taubena Tatonga	1990	KIR	74.80	110	142	252	30-Jun-10	Tarawa, KIR
Finau Ilaniumi	1986	TGA	73.60	110	135	245	31-Jul-10	Mont Dore, NCL
Batuusa Khalid	1996	UGA	74.21	110	130	240	6-Aug-09	Kampala, UGA
Neil Dougan	1985	NIR	70.52	106	129	235	20-Feb-10	Dublin, IRL
Crispin Onyango	1981	KEN	74.10	95	131	226	6-Aug-09	Kampala, UGA
Prince Nyarko	1995	GHA	74.90	90	122	212	23-Mar-10	Cairo, EGY
Ray Williams	1959	WAL	75.80	100	110	210	16-May-09	Holyhead, Wales, GBR
Clint Grech	1987	MLT	71.28	90	115	205	12-Sep-09	Marsala, ITA
Goi Si Han	1980	SIN	74.25	83	107	190	23-May-10	SIN
Grasten Mkwapula	1983	MAW	73.75	70	100	170	6-Aug-09	Kampala, UGA
Nigel Phillips		GUY		70	90	160	30-Aug-09	Georgetown, GUY

85kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yukio Peter ++	1984	NRU	79.60	155	200	355	27-Feb-09	Boulari, NCL
Simplice Ribouem ++	1982	AUS	84.50	151	190	341	15-May-09	Darwin, AUS
Richard Patterson ++	1983	NZL	84.40	147	187	334	15-Aug-09	Kuhmo, FIN
Darryn Anthony	1985	RSA	83.68	147	178	325	6-Aug-09	Kampala, UGA
Paul Dumais ++	1991	CAN	83.44	150	170	320	18-Jun-10	Sofia, BUL
Chandrakant Dadu Mali ++	1987	IND	84.78	146	173	319	8-Aug-10	New Delhi, IND
Abd Mubin Rahim	1991	MAS	81.00	140	175	315	16-Jun-10	Melaka, MAS
David Katoatau	1984	KIR	84.64	135	180	315	22-Oct-09	Penang, MAS
Joe Vueti	1979	*FIJ	85.00	134	176	310	21-Mar-10	Mont Dore, NCL
Faavae Faauliuli ++	1983	SAM	83.90	132	175	307	27-Feb-09	Apia, SAM
Khuram Shahzad Butt	1981	PAK	84.82	135	172	307	3-Mar-09	Lahore, PAK
Peter Kirkbride ++	1987	SCO	85.00	135	170	305	5-Sep-09	Kilwinning, Scotland, GBR
David Minkoumba	1989	CMR	82.50	130	160	290	20-Jun-10	Yaounde, CMR
Romesh M.R.R. Samarasekara	1985	SRI		124	162	286	24-Jul-10	Colombo, SRI
Terrence Dixie ++	1983	SEY		126	160	286	6-Aug-10	Yaounde, CMR
Gideon Aigbefo		NGR		125	160	285	18-Feb-09	Kaduna, NGR
Richard Williams	1992	ENG	85.00	120	155	275	26-Jun-10	Kilmarnock, Scotland, GBR
Brandon Innes	1993	BAR	80.92	122	145	267	25-Apr-10	Chiclayo, PER
Jermain Nadezdine		NIR	84.40	117	148	265	29-May-10	Jordanstown, NIR, GBR
Mummin Al Abdulla		BAN	84.47	115	145	260	1-Feb-10	Dhaka, BAN
Godfrey Baligeaya	1987	UGA				252	3-Jul-10	Kampala, UGA
Hansley Gaya	1985	MRI	84.45	110	138	248	26-Nov-09	Goyang, KOR
Sade Fiua	1972	SOL	82.50	105	140	245	30-Jun-10	Honiara, SOL
Pala Molisa	1979	VAN	84.30	115	130	245	5-May-10	Suva, FIJ
Derrick Kim	1983	SIN	77.70	110	130	240	22-Oct-09	Penang, MAS
Noel Coleiro	1974	MLT	84.51	100	132	232	11-Apr-10	Cospicua, MLT
Duke Onguti	1993	KEN	78.95	100	130	230	23-Mar-10	Cairo, EGY
Sirla Pera	1992	COK	83.41	100	127	227	30-Sep-09	Rarotonga, COK
Ray Vaughan	1971	WAL	84.50	95	125	220	27-Mar-10	Holyhead, Wales, GBR
Samui Tupou	1985	TGA	78.00	90	122	212	26-Jun-09	Nuku'alofa, TGA
Fr Bogdan Cofalıs		PNG	80.70	85	115	200	22-Nov-09	Port Moresby, PNG
Emmanuel Awali	1981	MAW	84.64	80	120	200	6-Aug-09	Kampala, UGA
Hukui Tiakia	1994	NIU	80.00	67	92	159	28-Feb-10	Alofi, NIU
Majeti Fetrie	1974	GHA	83.21	115	---	---	26-Nov-09	Goyang, KOR

94kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Nicholas Roberts ++	1984	CAN	93.40	151	195	346	30-May-10	Guatemala City, GUA
Richard Patterson ++	1983	NZL	87.50	150	193	343	17-Apr-10	Auckland, NZL
Simplice Ribouem ++	1982	AUS	88.90	152	191	343	7-May-10	Suva, FIJ
Peter Kirkbride ++	1987	SCO	91.18	150	185	335	9-Apr-10	Minsk, BLR
Shuja-ud-Din Malik	1972	PAK	92.92	150	185	335	4-Mar-09	Lahore, PAK
Sukhjinder Singh	1975	IND	93.65	145	187	332	30-Jan-09	Pune, IND
Denis Catana ++	1985	ENG	92.00	146	180	326	20-Feb-10	Lilleshall, England, GBR
Firdaus Abd Razak	1987	MAS	92.10	141	181	322	17-Jun-10	Melaka, MAS
David Katoatau	1984	KIR	92.70	135	186	321	7-May-10	Suva, FIJ
Faavae Faauliuli ++	1983	SAM	89.30	132	185	317	7-May-10	Suva, FIJ
Felix Nembot Tagne		CMR		141	165	306	6-Aug-10	Yaounde, CMR
Jean Greeff	1990	RSA	93.89	130	171	301	19-Jun-10	Sofia, BUL
Josefa Vueti	1979	*FIJ	88.30	128	165	293	7-May-10	Suva, FIJ
Peter John		NGR		125	165	290	19-Feb-09	Kaduna, NGR
Ravi Bhollah	1981	MRI		130	160	290	10-Jul-10	Vacoas, MRI
K.A.T.S. Abeykoon		SRI		125	160	285	24-Jul-10	Colombo, SRI
Abu Bakarr Kabia	1985	SLE	90.12	122	153	275	26-Nov-09	Goyang, KOR
Tee-Jay Star	1989	NRU	86.07	120	150	270	26-Jun-09	NRU
Bradley Inniss	1985	BAR	92.70	115	143	258	6-Jun-09	Chicago, USA
Mohammad Abdovan	1983	BAN	88.50	105	147	252	1-Oct-09	Tashkent, UZB
Noel Coleiro	1974	MLT	86.40	102	130	232	20-Jun-10	Cospicua, MLT
Aaron Small	1987	NIR	89.40	95	130	225	29-May-10	Jordanstown, NIR, GBR
Sione Vasi	1985	TGA	92.10	90	115	205	1-Oct-09	Rarotonga, COK
Ezekiel Waiswa	1984	UGA				205	4-Jul-10	Kampala, UGA
Jake Davies	1994	WAL	87.10	92	112	204	13-Mar-10	Oldbury, England, GBR
Toh Guang Yan	1984	SIN	86.75	86	108	194	23-May-10	SIN
Simon Tiakia	1992	NIU	93.00	84	110	194	28-Feb-10	Alofi, NIU

105kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Niusila Opeloge ++	1980	SAM	104.90	150	204	354	28-Feb-10	Apia, SAM
Meameea Thomas	1985	KIR	104.70	152	195	347	13-Feb-10	Mont Dore, NCL
Usman Amjad Rathore	1987	PAK	94.40	152	185	337	4-Mar-09	Lahore, PAK
Stanislav Chalaev ++	1986	NZL	104.20	143	188	331	7-May-10	Suva, FIJ
Thomas Yule ++	1976	SCO	104.70	145	185	330	26-Jun-10	Kilmarnock, Scotland, GBR
M. Setty Srinivasa Rao	1977	IND	102.35	150	177	327	2-Feb-10	Dhaka, BAN
Robert Galsworthy ++	1989	AUS	104.20	147	179	326	26-Jun-10	Brisbane, AUS
Alexandros Kouvakas	1989	CAN	104.15	145	180	325	31-May-10	Guatemala City, GUA
Gurbinder Cheema ++	1978	ENG	103.70	152	170	322	20-Feb-10	Lilleshall, England, GBR
Rahimi Rahim	1988	MAS	98.50	141	171	312	18-Jun-10	Melaka, MAS
Can Mehmet Osman	1981	CYP	102.00	140	170	310	10-Jul-10	Limassol, CYP
Jean Greeff	1990	RSA	94.35	134	171	305	29-May-10	Strand, RSA
Gaston Wafo Fodouop	1972	CMR	94.40	135	160	295	21-Feb-09	La Ferte Milon, FRA
Balam Doum		NGR		130	160	290	19-Feb-09	Kaduna, NGR
R.M.S. Wijerathna		SRI		134	150	284	24-Jul-10	Colombo, SRI
Marcus Cook	1982	NRU	101.00	120	165	285	30-Jun-10	NRU
Steven Baccus	1977	SEY		125	155	280	24-Apr-10	Victoria, SEY
Biddyut Kumar Roy	1972	BAN	103.14	121	156	277	2-Feb-10	Dhaka, BAN
Albert Abotsi	1981	GHA	104.79	120	156	276	29-Nov-09	Goyang, KOR
Saimone Turaganivalu	1985	*FIJ	94.50	120	155	275	26-Jun-09	Suva, FIJ
Deo Kalyango	1988	UGA	100.94	110	151	261	6-Aug-09	Kampala, UGA
Liam Whiteway	1977	NIR	97.40	100	125	225	29-May-10	Jordanstown, NIR, GBR
David Finau	1985	TGA	103.00	97	115	212	28-Feb-10	Nuku'Alofa, TGA
James Abernethy	1993	WAL	99.30	75	100	175	16-May-10	Holyhead, Wales, GBR
Mark Sapiano	1991	MLT	101.40	80	90	170	31-Jan-10	Cospicua, MLT
Ankush Ramsoondur		MRI		70	90	160	12-Sep-09	Vacoas, MRI
Primo	1985	SOL	101.00	60	90	150	27-Feb-09	Honiara, SOL
Braydon Dean Hakeaagaiki	1991	NIU	97.00	62	77	139	26-Jun-09	Alofi, NIU

+105kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Itte Detenamo ++	1986	NRU	151.20	178	219	397	7-May-10	Suva, FIJ
Damon Kelly ++	1983	AUS	145.15	170	220	390	26-Jun-10	Brisbane, AUS
Sarabjit Singh ++	1983	IND	140.63	165	215	380	8-Aug-10	New Delhi, IND
George Kobaladze ++	1976	CAN	125.05	166	212	378	29-Nov-09	Goyang, KOR
Meamea Thomas	1985	KIR	106.30	157	198	355	28-Feb-10	Mont Dore, NCL
Rizwan Ullah Khan Lodhi		PAK	118.64	155	190	345	4-Mar-09	Lahore, PAK
Fredic Foukajou	1979	CMR		150	190	340	7-Aug-10	Yaounde, CMR
Gurbinder Cheema ++	1978	ENG	106.30	150	180	330	21-Feb-09	Halifax, England, GBR
Stanislav Chalaev ++	1986	NZL	106.50	147	183	330	17-Apr-10	Auckland, NZL
Thomas Yule ++	1976	SCO	114.62	140	190	330	28-Nov-09	Pitlochry, Scotland, GBR
Mohd Azim Najmi Rashid	1986	MAS				330	28-Mar-10	Jitra, MAS
Rian Smit	1982	RSA		140	180	320	27-Feb-10	Strand, RSA
Sam Pera Jr	1989	COK	122.36	140	175	315	26-Jun-09	Rarotonga, COK
Danny Nemani	1981	NIU	120.00	137	175	312	12-Mar-09	Auckland, NZL
Success Godwin		NGR		143	167	310	19-Feb-09	Kaduna, NGR
R.P.Manjula S. Wijeratne	1980	SRI		137	163	300	18-Dec-09	Kelaniya, SRI
Maamaloa Lolohea	1968	TGA	125.92	110	171	281	1-Oct-09	Rarotonga, COK
Feroz Mohammad	1979	BAN	129.61	119	155	274	2-Feb-10	Dhaka, BAN
Emanuel Schembri	1986	MLT	117.15	114	156	270	10-Jul-10	Limassol, CYP
Lewis Chua Yong Hwee	1991	SIN	120.41	113	150	263	22-May-10	SIN
Robert Kilindo	1972	SEY	106.00	120	140	260	16-May-09	Victoria, SEY
Shezad Nandoo	1984	MRI		110	140	250	10-Jul-10	Vacoas, MRI
Matthew McCoy	1994	NIR	118.80	98	132	230	29-May-10	Jordanstown, NIR, GBR
Gerard Matthews	1983	WAL	125.00	95	120	215	27-Mar-10	Holyhead, Wales, GBR
Luke Moce	1973	*FIJ		95	120	215	1-Jun-10	Levuka, FIJ

NOTES: * FIJ ineligible to compete in the Commonwealth Games.

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2010 COMMONWEALTH GAMES PREVIEW RANKINGS

Based on all results known since 01-January-2009
to 01-September-2010



ONE LIFTER PER NATION

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WOMEN

48kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
N.G. Soniya Chanu ++	1980	IND	47.49	75	100	175	21-Feb-10	Udaipur, IND
Zaira Zakaria	1987	MAS	47.86	70	94	164	10-Dec-09	Vientiane, LAO
Portia Vries ++	1984	RSA	47.85	68	94	162	29-May-10	Strand, RSA
Augustina Nwokolo	1992	NGR	47.40	70	87	157	30-Jun-10	Lagos, NGR
Vivian Lee ++	1978	AUS	47.45	66	88	154	20-Mar-10	Melbourne, AUS
Jessica Ruel	1991	CAN	47.90	70	78	148	27-Mar-10	Sherbrooke, CAN
Katsia Telemaque ++_	1989	SEY		65	80	145	4-Aug-10	Yaounde, CMR
Kathleen Hare	1988	PNG	47.20	62	80	142	6-May-10	Suva, FIJ
Hannah Powell	1992	ENG	44.20	55	70	125	17-Jul-10	Bristol, England, GBR
Christine Duval	1990	MRI		55	65	120	22-May-10	Vacoas, MRI
S.D. Peduruarchchi	1983	SRI		57	62	119	24-Jul-10	Colombo, SRI
Nikki Hamilton	1995	SCO	47.90	52	61	113	25-Apr-09	Alfreton, England, GBR
Haula Musoke	1990	UGA	46.33	40	45	85	5-Aug-09	Kampala, UGA
Grace Itea	1993	SOL	48.00	40	45	85	27-Feb-09	Honiara, SOL
Ella Tawai	1995	*FIJ	47.80	30	40	70	28-Feb-10	Suva, FIJ
Gagibo Tavila	1995	NRU	48.00	30	35	65	7-Nov-09	NRU

53kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Marilou Dozois-Prevost ++	1986	CAN	52.95	86	104	190	31-Oct-09	Saint-Anne-des Monts, CAN
Chinyere Fidelis	1993	NGR		78	112	190	16-Feb-09	Kaduna, NGR
Minati Sethi	1990	IND	52.97	77	107	184	28-Jan-09	Pune, IND
Clementina Agricole ++	1988	SEY	52.72	77	100	177	21-Oct-09	Penang, MAS
Erica Yamasaki ++	1987	AUS	52.65	75	96	171	26-Jun-10	Brisbane, AUS
Raihan Yusoff	1988	MAS	52.30	73	96	169	11-May-09	Taldykorgan, KAZ
Pilar Bakam	1988	CMR	52.32	69	98	167	5-Aug-09	Kampala, UGA
Portia Vries ++	1984	RSA		68	95	163	27-Feb-10	Strand, RSA
Joanne Calvino ++	1980	ENG	52.97	70	90	160	20-Feb-10	Lilleshall, England, GBR
J.N. Nadini Guneseckara	1975	SRI	52.06	68	86	154	21-Oct-09	Penang, MAS
Kate Howard ++	1979	NZL	53.00	68	85	153	17-Jul-10	Auckland, NZL
Fahima Akhter Moina ++	1991	BAN		65	85	150	3-May-09	Dhaka, BAN
Hitolo Dogodo	1992	PNG	50.36	60	75	135	28-Feb-10	Port Moresby, PNG
Helena Wong	1988	SIN	52.26	62	70	132	26-Jun-10	Kilmarnock, Scotland, GBR
Danielle Callender	1996	BAR	52.49	50	65	115	21-May-09	Chiang Mai, THA
Nikki Hamilton	1995	SCO	50.15	53	61	114	5-Sep-09	Kilwinning, Scotland, GBR
Grace Itea	1993	SOL	50.30	45	55	100	26-Jun-09	Honiara, SOL
Rajjeli Katia	1995	*FIJ	53.00	40	60	100	27-Feb-09	Apia, FIJ
Milly Kaytes	1990	UGA	51.35	40	50	90	5-Aug-09	Kampala, UGA
Emanuel Maigre		MRI		34	48	82	12-Sep-09	Vacoas, MRI
Alinafe Mchochomi	1993	MAW	52.87	40	40	80	5-Aug-09	Kampala, UGA
Yuki Amaram	1996	NRU	53.00	35	40	75	7-Nov-09	NRU

58kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yamman Renu Bala Chanu	1986	IND	57.58	90	109	199	23-Feb-10	Udaipur, IND
Ndidi Eze	1987	NGR	58.00	85	112	197	30-Jun-10	Lagos, NGR
Zoe Smith ++	1994	ENG	57.46	84	110	194	20-May-10	Valencia, ESP
Seen Lee ++	1982	AUS	57.50	88	106	194	26-Jun-10	Brisbane, AUS
Emily Quarton ++	1984	CAN	58.00	84	106	190	19-Dec-09	Saint-Hyacinthe, CAN
Rita Kari	1989	PNG	57.90	80	107	187	30-Jun-10	Port Moresby, PNG
Wendy Hale	1987	SOL	57.10	80	101	181	27-Jun-09	Boulari, NCL
Pilar Bakam	1988	CMR	57.54	75	102	177	23-Nov-09	Goyang, KOR
Mona Pretorius ++	1988	RSA	57.44	78	97	175	21-Oct-09	Penang, MAS
Maria Liku	1990	*FIJ	57.89	76	95	171	12-Dec-09	Boulari, NCL
Fatin Atikah Osman	1993	MAS	56.10	70	85	155	10-Apr-10	Tashkent, UZB
Kate Howard ++	1979	NZL	53.90	68	85	153	14-Aug-10	Auckland, NZL
Fahima Akhter Moina ++	1991	BAN	54.65	65	85	150	27-Sep-09	Tashkent, UZB
Amy Hamilton	1991	SCO	57.87	70	80	150	26-Jun-10	Kilmarnock, Scotland, GBR
L.G.A.V. Darmasena		SRI		55	72	127	24-Jul-10	Colombo, SRI
Danielle Callendar	1996	BAR	54.38	55	70	125	21-Apr-10	Chiclayo, PER
Jamie Emma Wee	1993	SIN	57.82	52	63	115	17-Aug-10	Singapore City, SIN
Rena Agricole	1995	SEY	54.80	50	53	103	22-Mar-10	Cario, EGY
Satchiko Detenamo	1995	NRU	58.00	40	57	97	7-Nov-09	NRU
Emmanuelle Maigre		MRI		39	58	97	10-Jul-10	Vacoas, MRI
Veerapen Fabiola	1989	MRI	57.20	40	50	90	20-May-09	Saint-Denis de la Réunion, FR/
Claire Kamauti	1990	KIR	55.00	35	40	75	27-Feb-09	Tarawa, KIR
Jessie Williams	1995	WAL	56.80	30	43	73	19-May-09	Holyhead, Wales, GBR

63kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Tania Whalen ++	1981	CAN	62.68	90	113	203	17-May-09	Kelowna, CAN
Toyin Adesanmi	1993	NGR	62.20	87	115	202	30-Jun-10	Lagos, NGR
Michaela Breeze ++	1979	WAL	62.70	91	111	202	23-May-09	Lochen, AUT
Nurul Farahanah Johari	1988	MAS	62.65	90	110	200	12-May-09	Taldykorgan, KAZ
Seen Lee ++	1982	AUS	58.70	90	106	196	29-May-10	Melbourne, AUS
Hijam Poirenganbi Chanu	1980	IND	62.00	86	110	196	29-Jan-09	Pune, IND
Zoe Smith ++	1994	ENG	62.40	86	102	188	26-Jun-10	Kilmarnock, Scotland, GBR
Marie Josephe Fergue	1991	CMR	62.05	81	105	186	22-Mar-10	Cario, EGY
Mona Pretorius ++	1988	RSA		81	101	182	27-Feb-10	Strand, RSA
Rita Kari	1989	PNG	60.80	78	100	178	28-Feb-10	Port Moresby, PNG
Janet Georges (TheIermont) ++	1979	SEY	63.00	82	96	178	16-May-09	Victoria, SEY
Faitoa Togagae	1989	SAM	62.40	75	95	170	28-Feb-10	Apia, SAM
Jenlyn Wini Tagu	1983	SOL	61.00	70	90	160	29-Jun-10	Honiara, SOL
Fahima Akhter Moina ++	1991	BAN	58.40	65	90	155	16-Dec-09	Dubai, UAE
Maria Liku	1990	*FIJ	58.90	60	90	150	26-Jun-09	Suva, FIJ
Amy Hamilton	1991	SCO	58.48	67	80	147	21-Mar-10	Glasgow, Scotland, GBR
Afi Abotsi	1991	GHA	61.70	65	77	142	25-Nov-09	Goyang, KOR
Naime Kari	1994	NZL	63.00	64	76	140	12-Jun-10	Auckland, NZL
Jamie Emma Wee	1994	SIN	58.99	52	62	114	23-May-10	SIN
T.A.S. Ranasingha		SRI		52	60	112	3-Oct-09	Polonnaruwa, SRI
Satchiko Detenamo	1995	NRU	60.50	47	60	107	30-Jun-10	NRU
Nuzany Fronzinah	1985	KEN	60.94	35	45	80	5-Aug-09	Kampala, UGA
Wanda Tutu		KIR	59.50	30	42	72	30-Jun-10	Tarawa, KIR

69kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Christine Girard ++	1985	CAN	68.84	103	132	235	27-Nov-09	Goyang, KOR
R. Kavitha	1983	IND	68.46	95	117	212	29-Jan-09	Pune, IND
Itohan Ebireguesele	1990	NGR		90	122	212	18-Feb-09	Kaduna, NGR
Michaela Breeze ++	1979	WAL	63.52	95	114	209	11-Jul-09	Lilleshall, England, GBR
Janet Georges (TheIermont) ++	1979	SEY		95	111	206	6-Aug-10	Yaounde, CMR
Gaelle Ketchanke-Nayo	1988	CMR	68.85	90	115	205	3-May-09	Senlis, FRA
Belinda Van Tienen ++	1986	AUS	68.70	86	104	190	20-Mar-10	Melbourne, AUS
Manu Ah Kuoi ++	1982	SAM	68.70	80	107	187	6-May-10	Suva, FIJ
Nurul Farahanah Johari	1988	MAS	65.64	81	101	182	4-Aug-09	Kuala Lumpur, MAS
Guba Hale	1986	PNG	68.50	80	100	180	30-Jun-10	Port Moresby, PNG
Emily Godley ++	1989	ENG	64.63	77	96	173	7-Aug-10	London, England, GBR
Tasha Williams	1973	NZL	68.20	70	103	173	13-Jun-09	Auckland, NZL
Jenlyn Wini Tagu	1983	SOL	68.40	67	92	159	26-Jun-09	Honiara, SOL
Emmanuella Lent Labonne	1985	MRI		70	85	155	10-Jul-10	Vacoas, MRI
Prossy Nyanga	1989	UGA	64.80	68	80	148	6-Aug-09	Kampala, UGA
Tlalane Ramarou	1994	RSA	64.15	62	80	142	29-May-10	Strand, RSA
Raijeli Katia	1995	*FIJ	67.47	55	81	136	30-Sep-09	Rarotonga, COK
Reanna Adam	1989	NRU	65.00	55	80	135	27-Feb-09	NRU
Denise Offermann-Loizu	1965	CYP	68.40	55	71	126	15-May-10	Linz, AUT
Amy Liu	1991	SCO	69.00	50	70	120	25-Jan-09	Kilwinning, Scotland, GBR
Tatite		KIR	67.80	45	55	100	30-Jun-10	Tarawa, KIR
T.M.C. Rasanjelee		SRI		40	55	95	4-Oct-09	Polonnaruwa, SRI
Tulisa Kailea	1982	TGA	65.30	35	50	85	27-Feb-09	Nuku'alofa, TGA

75kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Marie-Eve Beauchemin-Nadeau ++	1988	CAN	74.60	102	127	229	16-Apr-10	Sherbrooke, CAN
Madias Nzesso	1992	CMR		96	120	216	6-Aug-10	Yaounde, CMR
Laihran Monika Devi ++	1983	IND	70.34	95	120	215	8-Aug-10	New Delhi, IND
Mary Opeloge ++	1992	SAM	73.85	94	120	214	28-Feb-10	Apia, SAM
Babalwa Ndleleni ++	1979	RSA		91	118	209	27-Feb-10	Strand, RSA
Jenna Myers ++	1986	AUS	74.65	96	112	208	18-Jul-09	Melbourne, AUS
Juliet Okuebor	1989	NGR	74.00	90	117	207	19-Feb-09	Kaduna, NGR
Michaela Detenamo ++	1992	NRU	74.95	85	105	190	31-Jul-10	Mont Dore, NCL
Arisha Farra Erwin	1988	MAS	73.35	85	102	187	17-Jun-10	Melaka, MAS
Kerri-Ann Wotenick ++	1983	ENG	73.10	81	101	182	20-Feb-10	Lilleshall, England, GBR
Tasha Williams	1973	NZL	71.15	73	107	180	12-Dec-09	Christchurch, NZL
Mareta Berenato	1992	KIR	71.20	77	95	172	27-Feb-09	Tarawa, KIR
Georgina Black	1989	SCO	73.50	73	96	169	26-Jun-10	Kilmarnock, Scotland, GBR
Susan Luisa	1989	SOL	69.80	70	80	150	30-Jun-10	Honiara, SOL
Boatema Alberta Ampomah	1994	GHA	71.30	66	81	147	23-Mar-10	Cario, EGY
M.M.D. Harischandra	1985	SRI	74.24	64	76	140	23-Oct-09	Penang, MAS
Apolonia Vaivai	1991	*FIJ	74.40	60	78	138	13-Jun-10	Levuka, FIJ
Tamyrah Mautama	1994	NIU	73.00	57	75	132	30-Jun-10	Alofi, NIU
Denise Offermann-Loizou	1969	CYP	70.93	57	73	130	11-Oct-09	Sydney, AUS
Filomina Naime	1987	PNG	71.20	57	70	127	27-Feb-09	Port Morseby, PNG
Juliana Corrine Perrine	1992	MRI		50	66	116	10-Jul-10	Vacoas, MRI
Telesa Kailea	1982	TGA	72.00	50	55	105	26-Jun-09	Nuku'alofa, TGA
Ami Davis		NIR	70.00	39	58	103	9-Aug-09	Jordanstown, NIR, GBR

+75kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Ele Opeloge ++	1985	SAM	121.60	126	155	281	6-May-10	Suva, FIJ
Maryam Usman	1990	NGR	120.10	115	145	260	30-Jun-10	Lagos, NGR
Geeta Rani ++	1981	IND	113.76	103	132	235	25-Feb-10	Udaipur, IND
Deborah Acason ++	1983	AUS	89.90	103	130	233	26-Jun-10	Brisbane, AUS
Narita Viliamu	1989	NIU	139.50	100	130	230	30-Jun-10	Alofi, NIU
Tracey Lambrechts ++	1985	NZL	100.70	97	122	219	17-Jul-10	Auckland, NZL
Caroline Girard	1982	CAN		88	113	201	15-Mar-09	Rouyn, CAN
Babalwa Ndleleni ++	1978	RSA	75.13	80	116	196	7-Nov-09	Malmesbury, RSA
Tay Shan Fung	1990	MAS	93.90	84	106	190	17-Jun-10	Melaka, MAS
Laura-Denise Ramsay Overall	1965	TRI	77.65	86	98	184	24-Jul-10	London, England, GBR
Shalinee Valaydon	1986	MRI		82	100	182	22-May-10	Vacoas, MRI
Isanaca Ivy Shaw	1976	*FIJ	79.00	75	100	175	27-Feb-09	Suva, FIJ
Matilda Iso	1986	PNG	85.60	76	93	169	15-May-09	Darwin, AUS
Becky Namusoke	1990	UGA	92.55	72	90	162	6-Aug-09	Kampala, UGA
Daisy Tolugu	1981	SOL	89.20	70	88	158	26-Jun-09	Honiara, SOL
Sheeba Deireragea	1986	NRU	85.00	70	80	150	7-Nov-09	NRU
Sonia Stephens	1965	ENG	80.00	65	80	145	8-Feb-09	London, England, GBR
Luisa Peters	1993	COK	87.00	64	80	144	6-May-10	Suva, FIJ
Kristin Edwards	1986	BAR	80.90	65	77	142	22-Jul-10	Mayaguez, PUR
Lisa Glover	1990	SCO	80.58	62	78	140	29-Mar-09	Glasgow, Scotland, GBR
Akter Jesmin	1985	BAN	80.75	55	75	130	14-May-09	Taldykorgan, KAZ
Jolene Xie Liting	1986	SIN	75.35	52	65	117	23-May-10	SIN
Tressa Lolohea	1982	TGA	78.00	52	65	117	30-Jun-10	Nuku'alofa, TGA
Xolile Nxumalo		SWZ	84.00	50	67	117	4-Jul-09	Johannesburg, RSA
Mareta Berenato	1994	KIR	78.60	50	65	115	30-Jun-10	Tarawa, KIR
Dolly Emille		SEY		50	65	115	24-Apr-10	Victoria, SEY
K.I. Amithka		SRI		40	57	97	5-Oct-09	Polonnaruwa, SRI

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