

WEIGHTLIFTING WESTERN AUSTRALIA



ANNUAL GENERAL MEETING APRIL 2021



PRESIDENT'S REPORT

I would like to start my report by acknowledging a few of the many people that have contributed to the successful running of Weightlifting in WA over the last 12 months. Firstly I would like to thank Marie Dawson, our former Treasurer who stepped down from the role in July 2020. Marie is still active in the weightlifting community, and is always one of the first officials to volunteer to referee at State and club competitions. I would also like to thank our previous WWA Vice President, Lucy La Cunza, for her years of commitment to the Council and to the weightlifting community. Lucy was a valued member of the Council and I wish her well with her new commitments.



I would also like to thank Rebecca Levine, for accepting the invitation to join the WWA Council in July 2020, and more recently for being voted in as Vice President at the start of 2021. Thank you also to Alfern Afonso, who was voted in by the Council to the role of WWA Treasurer in July of last year. A huge thank you to Paul Falconer, who has been a member of the Council for many years, and is always first to volunteer his services on competition day, hence his 2020 award for 'Volunteer of the Year'. Thank you also to Matt Helstrip, Tom Smith and our Masters Coordinator, Bam Castro for their contributions to the Council and WA weightlifting, and thank you of course to our Honorary Secretary, Jay Saxton, who continues to do a tremendous job overseeing the day to day running of the WWA office and keeping the Council organised and the members informed. The constant changes due to the restrictions around COVID have meant that Jay has been kept particularly busy with the many changes and updates that have needed to be relayed to the members.

I would like to acknowledge the support given to WWA by Philip Gregson from the Department of Local Government, Sport and Cultural Industries throughout the last twelve months, most notably with our DLGSC Grant application. I would also like to thank Nav Shah, owner of Flex Fitness Equipment for his ongoing support for our State Team representatives, by contributing considerably to the cost of our State representative T-Shirts during 2020 and 2021. Flex Fitness have also committed to supporting all of our 2021 State Championships, by providing the prizes for the overall age group winners. Thank you also to our other wonderful sponsors, Frog Grips, Ascent Apparel, Steph Stuff and Arianne Sports Dietitian. Each of these local businesses have committed to supporting our athletes and the wider WWA community, through the provision of competition prizes and various members only special offers. Thank you also to Ant Usmar, and the Rev Barbell Club for hosting WWA's State events, and for providing our association with a Centre of Excellence that is one of the best weightlifting venues in Australia. Acknowledgement must also be given to the AWF President, Mr Sam Coffa, AWF CEO, Ian Moir and the Board of Directors for their continued support of Weightlifting in WA. A special mention and thanks also to the AWF Communications & IT Manager, Bowen Stuart, for his amazing technical support.

We have been living with the affects of the corona virus for over twelve months now. Thankfully, here in WA we have been lucky in comparison to our neighbour states and have been able to train and compete almost entirely without interruptions. The restrictions around travel however, have resulted in a lack of face to face National Championships for over twelve months, and no face to face Internationals for any of our elite WA athletes. As a result of the closed borders, WA missed out on hosting a National Championships for the second year in a row. Next year will hopefully be different, and we will be able to host one of the age group National Championships. With the cancelation of all of the age group National championships in 2020, the AWF created the AWF Online Cup, which

provided lifters around the country an opportunity to lift in a real-time online competition. Our athletes performed brilliantly and our male team were victorious, claiming overall Team Champion status! This year, the National Junior and Under 23 Championships were run as hub-style competitions, with every state running their own competition over the same weekend (March 20th - 21st). WWA had a team of fourteen athletes entered for the Championships, and we came away with thirteen medals, and to complete the successful campaign, our Junior Women's team collected the Team Champions award!

So, the year has been challenging for many reasons, but as a community I believe we have grown and we are genuinely becoming known as one of the stronger weightlifting states in Australia. From winning team trophies at national events, to producing athletes that are at the top of the Sinclair rankings, we are moving in the right direction. The energy that is being put in to developing our next generation of lifters is also commendable, with the 2020 'Speed & Strength' initiative being very successful. These things don't happen by accident, but are testament to the tremendous work done by our club coaches, technical officials and our generous volunteers, all of whom, continue to work tirelessly to spread the word, that Olympic Weightlifting is one of the best sports in the world!

ANDY SAXTON
WWA President



WWA JUNIOR AND UNDER 23 State Team training camp - March 2021

International Competitions

July 2020 -

Eleiko Email International Lifters Tournament

Tara Pratt - @ 81kg - Gold

September 2020

Oceania Senior, Junior & Youth Championships (Cancelled)

Oliver Saxton, Youth Team, 81Kgs

Jay Saxton, Youth Team Coach

November 2020 -

IWF Online Youth World Cup

Oliver Saxton - Withdrew from the competition due to the timing (midnight) of the 81kg session.



Tara Pratt - 2020



National Championships



Katrina Birch - 2020

November 2020 -

AWF Online Cup

Gabrielle McLean - F49 - 3rd
Manaia Kainuku - F55 - 3rd
Ken Barnett - M67 - 1st
Katrina Birch - F59 - 1st
Charlotte Saxton - F59 - 4th
Elizabeth Duguid - F64 - 3rd
Sharni Quinsee - F64 - 4th
Oliver Saxton - M81 - 4th
Michael Carmellotti - M81 - DNF
Renee Hogan - F71 - 4th
Ruby Carwardine - F71 - 1st
Tanaya Quinsee - F76 - 4th
Jett Hoover - F89 - 1st
Adam McWhinnie - M89 - 2nd
David James - M96 - 1st
Phil Gallen - M96 - 2nd
Tara Pratt - F81 - 2nd
Cody Wilks - M109 - 1st
Suamili Nanai - M109+ - 1st

WWA Mens Team won the Team Championship!

March 2021 -

AWF Junior & Under 23 Championships

- Manaia Kainuku - F49 - U20 Gold & U23 Gold
- Gabrielle McLean - F49 - U20 Silver
- Isabella Woodhouse - F55 - U20 Gold
- Kiana Bennett-Tamati - F59 - U20 Gold
- Emily Cook - F59 - U20 Bronze
- Georgia Farrow - F64 - U20 Silver
- Sharni Quinsee - F64 - U20 Fifth
- Jasmine Barber - F64 -
- Tanaya Quinsee - F71 - U20 Silver & U23 Bronze
- Teleah Canavate-Blankendaal - F71 - U20 Bronze
- Noah Russell - M67 - U20 Bronze
- Oliver Saxton - M89 - U20 Gold, M89 - U23 Silver
- Conor Mceleny - M89 - U23 Sixth
- Louis Cassell - M89 - U23 Twelfth

Oliver Saxton won the Best Male Lifter (Junior) Award, and the WWA Female Team collected the Junior Team Champions Award



Oliver Saxton - 2021





State Junior & Under 23 Team - 2021

National Competition Hosting

- AWF U20 & 23's 2021 - Perth (Cancelled)

Membership

- 2020 - 210
- 2021 - 128 (to date)

2020 WWA Award winners.

Best Senior Male	David James (Un)
Best Senior Female	Ruby Carwardine (Tempest)
Best Junior Male	Oliver Saxton (Ox)
Best Junior Female	Ruby Carwardine (Tempest)
Best Youth Male	Ollie Saxton (Ox)
Best Youth Female	Tanaya Quinsee (Ox)
Best U15 Male	Ben LaCunza-Watson (Origins)
Best U15 Female	Manaia Kainuku (Rev)
Best U13 Male	Jake Stanesby (Ox)
Best U13 Female	Ciara Quinsee (Ox)
Best Masters Male	Derek D'Mellow (Olympifit)
Best Masters Female	Rhonda Ofarrell (Ox)
Volunteer of the Year	Paul Falconer (Un)
Official of the Year	Rebecca Levine (Origins)
Club of the Year	Wolf Pack Barbell





Thank you again to all our wonderful athletes, officials, supporters and sponsors for another great year!