



## WEIGHTLIFTING WESTERN AUSTRALIA

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# State Team Selection Policy

Adopted by the WWA Council 09/01/2024

### Version History

20th January, 2023

14th January, 2020



Department of  
Local Government, Sport  
and Cultural Industries



## 1. State Team Members.

WWA will select the State Team Athletes using the criteria explained in this document. To be considered for selection by WWA as a State Team Athlete, each athlete must:

1. Be a financial member of WWA.
2. Have signed the WWA Athlete Agreement (the form will be provided later).
3. Have attained the required qualifying standard in any AWF sanctioned event in accordance with the qualifying dates.
4. Attend all planned squad training sessions conducted by WWA State Coaches.
5. Contest the final selection event (i.e. State U15/17, Junior, Under 23 or Senior Championships), unless they are unable to do so by reason of extenuating circumstances.
6. State Under 15, Youth & Junior athletes who are under 18 years at the time of the competition, must travel and stay with the team, and comply with all the Team Manager's instructions.

## 2. Selection of WWA Scoring team.

1. For the purposes of selecting the scoring team, WWA will, via its Selection Sub-Committee within 7 days of the final qualifying event, select the athletes who have demonstrated their capacity to win medals, or to place as close to the podium as possible.
2. WWA will select a maximum of 2 athletes per body weight category in each of the State Teams (15/17/Junior/Under 23/Senior).
3. If the number of State Team Members exceeds the maximum number of athletes permitted in a scoring team, under the AWF participation criteria, WWA may select up to 2 reserves as part of the scoring team.
4. To select athletes into the scoring team, athletes will be ranked in order of highest to lowest in accordance with their respective weight and gender category in the AWF rankings during the qualifying period. The athletes ranked first in their respective category will be marked for selection first. The athlete ranked second will be marked for selection next, followed by the athletes ranked third and so on until all ten (10) male and all ten (10) female Scoring Athletes have been selected.
5. Where the athletes are ranked equally against their respective categories, the athlete that is closest to third place on the AWF rankings (during the qualifying period) will be selected. This means, for example, if a 67kg athlete and 81kg athlete are ranked equally in 6th position - the 67kg member is 10kg below the ranked 3rd place in the AWF rankings and the 81kg member is 15kg below the ranked 3rd place in the AWF rankings; the 67kg athlete will be selected by virtue of the fact they have a better chance of placing higher at the National Championships.
6. Should athletes still be equal, the athlete with the highest percentage score above the required qualifying standard will be selected.



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7. WWA will not select any athlete who has breached the WADA, SIA, AWF, IWF, Anti-Doping rules and on whom an Anti-Doping Rule Violation sanction has been imposed which has not been completed.

### 3. Required Minimum Qualifying Standards

GRADE	49*	55	61	67	73	81	89	96	102	102+	109	109
Senior Elite	-	225	250	270	290	310	330	345	360	-	370	380
Junior Elite	-	210	230	250	270	285	300	310	320	-	330	340
Youth Elite	150	165	190	210	225	240	250	260	270	280	-	-
Senior International	-	210	235	255	275	295	315	330	340	-	350	360
Junior International	-	190	210	230	250	265	280	295	305	-	315	325
Youth International	135	150	170	190	205	220	230	240	250	260	-	-
Senior National	-	180	205	220	245	260	270	275	280	-	285	290
Under 23 National	-	170	192	210	232	250	260	267	272	-	277	282
Junior National	-	160	180	200	220	240	250	260	265	-	270	275
Youth National	120	140	160	180	190	200	205	210	215	220	-	-
Senior States	-	175	190	200	210	225	235	245	250	-	260	270
Under 23 States	-	140	150	160	170	175	185	190	195	-	200	215
Junior States	-	115	125	130	135	145	150	155	160	-	165	175
Youth States	95	105	115	120	125	135	140	145	150	155	-	-

\* The 49kg and +102kg categories and Totals apply to Youth events only.

GRADE	40*	45	49	55	59	64	71	76	81	81+	87	87
Senior Elite	-	135	160	180	200	215	225	232	240	-	245	255
Junior Elite	-	130	145	160	175	190	200	205	210	-	215	220
Youth Elite	110	120	130	145	155	165	175	180	185	190	-	-
Senior International	-	115	135	155	170	180	190	200	210	-	220	230
Junior International	-	115	130	140	150	160	170	177	185	-	192	200
Youth International	95	100	110	120	130	140	150	160	170	180	-	-
Senior National	-	100	120	135	150	165	175	180	185	-	190	195
Under 23 National	-	95	110	127	142	157	167	172	177	-	182	187
Junior National	-	90	100	120	135	150	160	165	170	-	175	180
Youth National	75	80	90	105	120	135	145	150	155	160	-	-
Senior States	-	95	110	120	130	140	150	160	165	-	170	180
Under 23 States	-	75	90	100	110	115	120	125	130	-	135	140
Junior States	-	70	80	85	90	95	100	103	105	-	110	115
Youth States	60	65	70	75	80	85	90	93	95	100	-	-

\* The 40kg and +81kg categories and Totals apply to Youth events only.

	55	61	67	73	81	89	96	102	109	109+
Elite	225	250	270	290	310	330	345	360	370	380
International	210	235	255	275	295	315	330	340	350	360
National	180	205	220	245	260	270	275	280	285	290
States	175	190	200	210	225	235	245	250	260	270

	55	61	67	73	81	89	96	102	109	109+
National	170	192	210	232	250	260	267	272	277	282
States	140	150	160	170	175	185	190	195	200	215

	55	61	67	73	81	89	96	102	109	109+
Elite	210	230	250	270	285	300	310	320	330	340
International	190	210	230	250	265	280	295	305	315	325
National	160	180	200	220	240	250	260	265	270	275
States	115	125	130	135	145	150	155	160	165	175

	49	55	61	67	73	81	89	96	102	102+
Elite	150	165	190	210	225	240	250	260	270	280
International	135	150	170	190	205	220	230	240	250	260
National	120	140	160	180	190	200	205	210	215	220
States	95	105	115	120	125	135	140	145	150	155

	45	49	55	59	64	71	76	81	87	87
Elite	135	160	180	200	215	225	232	240	245	255
International	115	135	155	170	180	190	200	210	220	230
National	100	120	135	150	165	175	180	185	190	195
States	95	110	120	130	140	150	160	165	170	180

	45	49	55	59	64	71	76	81	87	87
National	95	110	127	142	157	167	172	177	182	187
States	75	90	100	110	115	120	125	130	135	140

	45	49	55	59	64	71	76	81	87	87
Elite	130	145	160	175	190	200	205	210	215	220
International	115	130	140	150	160	170	177	185	192	200
National	90	100	120	135	150	160	165	170	175	180
States	70	80	85	90	95	100	103	105	110	115

	40	45	49	55	59	64	71	76	81	81+
Elite	110	120	130	145	155	165	175	180	185	190
International	95	100	110	120	130	140	150	160	170	180
National	75	80	90	105	120	135	145	150	155	160
States	60	65	70	75	80	85	90	93	95	100

Minimum standards to compete in the Under 15 age group are as follows:

Males - Snatch = 26 kilograms - Clean & Jerk = 26 Kilograms

Females - Snatch = 21 Kilograms - Clean & Jerk = 21 Kilograms



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Athletes must also be 13 years of age (or turning 13 years of age in the calendar year). The minimum weight is derived from the weight of the bar, one plate and collars. Athletes will need to commence the competition with at least the minimum standard.

## 4. Illness/Injury/Misadventure/Extenuating Circumstances

1. For the purposes of this document, “Extenuating circumstances” means an inability to compete at the Final Qualifying Event arising from:
  1. Injury or illness
  2. Bereavement; and/or
  3. Any other factors reasonably considered by the WWA to constitute extenuating circumstances.
2. Athletes unable to meet their obligation in accordance with this policy to compete at the Final Qualifying Event (State Championship) must advise the WWA secretary via email [secretary@wwa.org.au](mailto:secretary@wwa.org.au) of this fact as soon as the circumstance is known and give reasons for that inability to compete before the commencement of the Final Qualifying Event.
3. In the case of illness or injury, the relevant athlete or their personal coach will be required to provide a letter via email to the WWA secretary [secretary@wwa.org.au](mailto:secretary@wwa.org.au) no later than two weeks prior to the National Championships, stating that the athlete is fully recovered and ready/capable of performing to their maximum capacity at the forth coming National Championships. The athlete may also be required to undergo a medical examination by an independent physician or physicians accepted by WWA.
4. A decision in each case of extenuating circumstances will be made by WWA on an individual basis.

## 5. Interpretation

In this selection Criteria the following words and phrases have the following meaning:

**Team Member:** means a male or female member who has met the prerequisites for selection, detailed in this document

**Scoring Athlete:** mean the athlete whose performance will earn team points for their State Team.

**Non-Scoring Athletes:** A team member who is not designated as a Scoring Athlete. Non-Scoring Athletes are still eligible to win the medals.

**WWA:** means Weightlifting Western Australia

**AWF:** means Australian Weightlifting Federation

**SIA:** means Sport Integrity Australia

**WADA:** mean World Anti-Doping Authority



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